

Polysomnographer Training Program



This 84-hour Polysomnography Training Program prepares students to work as trainees with sleep technologists in the performance of diagnostic sleep studies that are required for the evaluation and treatment of sleep disorders. Sleep recordings are made during the patient's usual sleep hours, so many techs work during the evening and night usually in 10-12 hour shifts. Polysomnographers must possess the ability to remain awake, alert and maintain good interpersonal skills throughout the night, and get proper sleep during the day. Polysomnographers must also possess good problem solving skills and be able to work well independently.

The Polysomnographer Training Program includes 48.25 didactic classroom hours, 26.75 hours of practice sessions, 4 CPR and Basic Life Support (BLS), and 5 hours for a course review, exam preparation and final exam. The classroom, CPR, and exam sessions will take place at the Owens Campus. The practice sessions (clinical experience) will take place at a sleep disorder facility.

This program together with the required work experience (up to 18 months), and the completion of the 14 AASM A-STEP self study modules will prepare the student to sit for the Registered Polysomnographic Technologist Exam.

Requirements/Prerequisites:

- Be at least 18 years of age
- Possess college-level credits in reading and math or meet minimum cut-off CPT or Locator test scores in reading and math
- Show proof of:
 - current physical examination
 - tuberculosis screening results
 - criminal background check
 - drug screening results
- Meet the Essential Student Enrollment Qualifications*

*Contact (302) 854-6966 for a copy of the qualifications

Upcoming Courses:

Sept. 28 – Oct. 9, 2009	EYK 580 231
Oct. 23 – Nov. 6, 2009	EYK 580 232
MTWThF - 8:30 a.m.-5:00 p.m.	Fee: \$2,719.00

Free information sessions:

July 1 – 6 - 8 p.m.	ENK 287 231 (2009-13)
August 5 – 6 - 8 p.m.	ENK 287 232 (2009-13)
September 2 – 6 - 8 p.m.	ENK 287 231 (2010-11)

**Funding available to qualified applicants.
Please call 302-854-6966**

Fees:

- \$2719 (includes textbook)
- \$10 non-refundable admission fee if applicable
- \$70 criminal background check/drug screening

Four steps to registration:

1. Complete and submit an application for admission with a one-time, non-refundable \$10 check or money order made payable to Delaware Technical & Community College, if applicable. Applications must be obtained in person at the Counselor-of-the-Day desk, located in the Student Services Center.
2. Take the admission placement test (CPT) for reading and math comprehension if applicable.
3. After testing, complete the registration process by visiting room 109 in the Jason Technology Center.
 - * If steps 1-2 have been completed at an earlier time, simply obtain a printout of your CPT score from Student Services and proceed to Room 109 for registration.

Cancellation/Refund Policy

For a full refund, you must contact Corporate & Community Programs at least 72 hours before the first session. Withdrawals within the first week of the program will receive a 75% refund. No refunds are issued beyond the first week of the program.

DTCC encourages all interested students to visit www.BRPT.org to review information about this career and to review requirements for registry exams.

The field of Polysomnography is expected to grow 16% by 2010 due to an increase in sleep disorder screening and testing.

The average rate for a Polysomnography trainee is \$12-\$15.

Register Now!

For course information: 302-854-6966

To register: 302-855-1617

For CPT Test scheduling: 302-855-5928