

SPECIAL INTEREST

Film Appreciation

Fun and informative! Understanding why you like certain films changes the way you watch and makes going to the movies a more enriching experience. Learn to recognize cinematic techniques - mise en scene, montage, and homage. Sharpen your powers of observation, view more critically, and enhance your enjoyment of all types of films. We will view classics starring Bogart & Bacall; Orson Wells; Hepburn & Grant and enjoy great discussion and interaction.

Instructor: Jody Toomey

- ▶ 10/13-10/27, Tuesdays, 6:30-9:30pm, 3 sessions. \$19. ENO 269 231



Finding Your Vision: Manifest Your Purpose

Enrich your life with self discovery and empowerment through discussion and corresponding meditation. Topics covered include stress release, self-healing, enhancing energy, clearing negativity, finding your purpose and manifesting what you want. (16 hrs)

Instructor: Bea Campbell

- ▶ 9/14-11/2, Monday, 7-9pm, 8 sessions. \$69. ENO 258 231

Living A Brain Healthy Lifestyle

Fun demos, interactive exhibits, inspiring conversation, brain boosting games. Refreshments – social and mental stimulation! At 7 p.m. enjoy “Rhythms of Retirement” with Mr. Bob George. (5 hrs)

- ▶ 11/12, Thursday, 3-8pm, 1 session, Free. ENQ 235 201

Meditation: Invent Your Own Reality

Imagine that! Use mental imaging to further your goals and change any aspect in your life. Athletes do it all the time! In medicine, biofeedback is the term for this process. You also can change your life and enjoy the process!

Instructor: Elaine Hanus

- ▶ 9/29-11/3, Tuesday, 10-11:30am, 6 sessions. \$34. ENO 259 201

Quilting for Beginners!

Quilting is not as hard as you think! Learn basic beginner techniques and patterns such as snowball and the nine patch. We'll walk you through picking out a pattern to putting it all together! Take home your OWN lap quilt after final class! Please call for materials list. (14 hrs)

Instructor: Ann Morris

- ▶ 9/26-11/7, Saturday, 10am-noon, 7 sessions. \$59. ENA 211 261

Introduction to Sewing

Gain the skills you need to succeed in any type of sewing project you attempt. Master basic sewing machine use and maintenance and continue on to learning the common types of seams, finishes, and pattern selection. \$10 materials fee payable to instructor first night of class. Must provide own sewing machine with all parts and instruction manual. (12 hrs, 1.2 CEUs)

Instructor: Rachel Beach

- ▶ 9/23-10/28, Wednesday, 5:30-7:30pm, 6 sessions. \$159. EYD 288 231

Spanish I

Learn practical conversational skills to communicate effectively at work and in any situation. Basic grammar, vocabulary and common phrases covered. Required text available in the college bookstore. (12 hrs, 1.2 CEUs)

Instructor: Liz Barnhart

- ▶ 9/17-10/22, Thursday, 6-8 pm, 6 sessions. \$89. EYH 201 231

Spanish II

Continue to increase knowledge of Spanish; improving vocabulary in day to day situations. (Required text available in the college bookstore.) (12 hrs, 1.2 CEUs)

Instructor: Liz Barnhart

- ▶ 10/29-12/10, Thursday, 6-8 pm, 6 sessions, \$89. EYH 205 231

Stocking Up with Preserves, Saves \$\$, Promotes Health

Learn how to preserve great tasting local foods using water bath methods for jams, jellies, fruits and vegetables as well as safe pressure canning. Capture their vitamins, minerals and enzymes for a healthy diet. Freezing and dehydration methods also covered. Share yours or Grandmother's favorite recipes. Required textbook, Ball Blue Book, not included in course fee. Instructor is an organic gardener. Return to additive-free eating. (8 hrs)

Instructor: Bea Campbell

- ▶ 9/2-9/23, Wednesday, 7-9pm, 4 sessions. \$35. ENO 256 231

DEFENSIVE DRIVING

Defensive Driving, Basic

Earn a 10% reduction on liability portion of your automobile insurance premium for 3 years; 3 point credit applied to your Delaware driving record via the Delaware Safety Councils computer linkup with the Delaware Division of Motor Vehicles. Learn simple driving strategies. (6 hrs, .6 CEUs)

Instructors: Provided by Delaware Safety Council.

- ▶ 10/5-10/7, Monday & Wednesday , 6:30-9:30pm, 2 sessions. \$35. EYP 325 231
- ▶ 11/2-11/4, Monday & Wednesday , 6:30-9:30pm, 2 sessions. \$35. EYP 325 232
- ▶ 9/19, Saturday, 9am-4pm, 1 session. \$35. EYP 325 261,
- ▶ 10/24 Saturday, 9am-4pm, 1 session. \$35. EYP 325 262
- ▶ 12/5, Saturday, 9am-4pm, 1 session. \$35. EYP 325 263

Defensive Driving, Advanced

After 3 years, graduates of our Basic Defensive Driving Course can complete an advanced version to earn a 15% discount on the liability portion of their auto insurance for another 3 year period. The advanced course offers additional strategies for on the road safety, and review newly revised traffic laws as well as current safety technology. (3 hrs, .3 CEUs)

Instructors: Provided by Delaware Safety Council.

- ▶ 9/14, Monday, 6:30-9:30pm, 1 session. \$30. EYP 326 231
- ▶ 11/9, Monday, 6:30-9:30pm, 1 session. \$30. EYP 326 232
- ▶ 10/10, Saturday, 9am-noon, 1 session. \$30. EYP 326 261
- ▶ 12/12, Saturday, 9am-noon, 1 session. \$30. EYP 326 262

Attention Teens and New Drivers of Any Age!

What Every New Driver Needs to Know!

Don't miss this MUST for the new driver! Easy to learn, helpful basics that will keep you safe on the road! Learn the correct way to attach and use jumper cables, understand different auto fluids and how to check the levels yourself. Discover the importance of checking your tire pressure and even how to change a flat tire! (4 hrs)

Instructor: Dan Ward

- ▶ 9/17-9/24, Thursday, 7-9pm, 2 sessions, \$25. ENP 205 231

Winterize Your Vehicle – It's Here Before You Know It!

Don't wait! Get ready for the cold weather ahead of time by winterizing your vehicle. It's easier than you think! (2 hrs)

Instructor: Dan Ward

- ▶ 10/1, Thursday, 7-9pm, 1 session, \$15. ENP 206 231

FAMILY

Divorcing Parent Education Program

Parents must take an approved course teaching them about what children go through when their parents do not live with each other or divorce. Course satisfies Delaware's legal requirement for parent education and is certified by the Department of Services for Children, Youth and their Families. Must bring ID to class. (6 hrs, .6 CEUs)

- ▶ 9/12, Saturday, 9am-4pm, 1 session. \$79. EYJ 200 261
- ▶ 9/22-9/29, Tuesday, 6-9pm, 2 sessions. \$79. EYJ 200 231
- ▶ 10/10, Saturday, 9am-4pm, 1 session. \$79. EYJ 200 262
- ▶ 10/13-10/20, Tuesday, 6-9pm, 2 sessions. \$79. EYJ 200 232
- ▶ 11/7, Saturday, 9am-4pm, 1 session. \$79. EYJ 200 263
- ▶ 11/10-11/17, Tuesday, 6-9pm, 2 sessions. \$79. EYJ 200 233
- ▶ 12/5, Saturday, 9am-4pm, 1 session. \$79. EYJ 200 264
- ▶ 12/8-12/15, Tuesday, 6-9pm, 2 sessions. \$79. EYJ 200 234

Financial Issues of Divorce

Helpful overview of strictly financial aspects of preparing for and surviving divorce. Understand marital property and exclusions, definitions and terms. Learn how to minimize loss and create realistic expectations. Gain tips on how to negotiate efficiently and effectively. After the divorce, putting the pieces together in a prudent plan to move forward. (4 hrs)

Instructor: Sam Slabaugh

- ▶ 10/13-10/15, Tuesday & Thursday, 6-8pm, 2 sessions, \$19. ENJ 200 231
- ▶ 11/10-11/12, Tuesday & Thursday, 6-8pm, 2 sessions, \$19. ENJ 200 232

FIREARMS

Use of live ammunition and target shooting at instructor's firing range. Additional \$15 lab fee payable to instructor first night of class for the Protection & Training Classes, the Advanced Training Classes and \$30 lab fee for the Tactical Safety Classes.

Instructor: John Davis (FBI certified)



Firearms: Protection & Training

Learn to use a firearm properly, proficiently. (6 hrs) '

- ▶ 9/17-9/26, Thursday, 9/17, 7-9pm; 9/24, 7-8pm & Saturday, 9/26, 9am-noon, 3 sessions, \$45. ENO 201 231

Firearms: Advanced Training

Learn finer points of marksmanship/instinct shooting; shoot accurately the first time. Firearms are not permitted on the campus. (6 hrs)

- ▶ 10/15-10/24, Thursday, 10/15, 7-9pm; 10/22, 7-8pm & Saturday, 10/24, 9am-noon, 3 sessions, \$45. ENO 202 231

Firearms: Tactical Safety

Skill of shooting multiple targets/fast/accurate the first time.

Prerequisite: Advanced Firearms Training. Course to be held at instructor's range. (6 hrs)

- ▶ 11/14-11/21, Saturday, 9am-noon, 2 sessions, \$45. ENO 203 271

HOME IMPROVEMENTS - SAVE MONEY

Drywall/Plaster Repairs – You Can Do It!

Do you have holes in your drywall or plaster that keep staring you in the face? Learn how to repair them yourself and save money! Learn the art of repair, and techniques for hanging new drywall. Learn how to do special plaster textures using brushes and sponges. Helpful hands-on instruction. Material fee paid to instructor. (8 hrs)

Instructor: Jim Edgerton

- ▶ 10/26-10/28, Monday & Wednesday, 6-8pm, 2 sessions, \$59. ENJ 201 231

Painting

Paint like a professional! Learn the different techniques for painting drywall, bare wood, painted wood, cement, plaster, and metal. Watch smoke and water stains disappear! Learn the art of glazing windows.

Material fee paid to instructor. (8 hrs)

Instructor: Jim Edgerton



- ▶ 11/2-11/4, Monday & Wednesday, 6-8pm, 2 sessions, \$69. ENJ 202 231

Plumbing

Make plumbing repairs yourself, and save money. Learn how to repair that leaky faucet, sink, or drain pipe. Material fee paid to instructor. (8 hrs)

Instructor: Jim Edgerton

- ▶ 11/9-11/11, Monday & Wednesday, 6-8pm, 2 sessions, \$69. ENJ 203 231

Doors and Windows

Take advantage of the new tax incentives and replace your doors and/or windows. Learn how to handle new pre-hung doors, and windows, down to the installation of the door knob! Material fee paid to instructor. (8 hrs)

Instructor: Jim Edgerton

- ▶ 11/16-11/18, Monday & Wednesday, 6-8pm, 2 sessions, \$69. ENJ 204 231

Helpful Reminder

Please register early to avoid class cancellation!

MUSIC

Instructor Mike McAnally is a Philadelphia trained musician who holds a Bachelor of Music degree from Combs College of Music and formally studied jazz composition with the legendary Dennis Sandole.

Introduction to Guitar Basics Course I

Course includes group instruction with primary focus on the basics of music notation, fundamental theory, melody playing, fingering and chord playing as well as exploring rhythm concepts. Must have guitar; materials provided. (22 hrs)

Instructor: Mike McAnally

- ▶ 9/9-11/18, Wednesday, 7-9pm, 11 sessions. \$199. ENO 207 231



Guitar Workshop **New!**

Intermediate to Advanced with emphasis on group playing and open classes for sharing guitar experiences along with group instruction focusing on theory, blues improvisation, scales, chords, modes, rhythm playing with development of accompaniment styles. Must have some experience with Intro to Guitar Basics Courses I or II. (22 hrs)

Instructor: Mike McAnally

- ▶ 9/8-11/17, Tuesday, 7-9pm, 11 sessions. \$199. ENO 268 231

Introduction to Keyboard Course I

Beginners Course includes general music theory incorporated with individual instruction along with group participation while enhancing your personal joy of playing music. Must have a piano or keyboard for home practice; materials provided. (11 hrs)

Instructor: Mike McAnally

- ▶ 9/9-11/18, Wednesday, 6-7pm, 11 sessions. \$159. ENO 210 231

Keyboard Workshop **New!**

Intermediate to Advanced includes general music theory with emphasis on creative playing along with exploring improvisation. Must have some keyboard experience or working knowledge of the basics. (11 hrs)

Instructor: Mike McAnally

- ▶ 9/8-11/17, Tuesday, 6-7pm, 11 sessions. \$159. ENO 267 231

PHOTOGRAPHY

Photography, Level I

Back to basics to capture that perfect picture!! Learn all your camera can do; the importance of exposure and composition. Have fun with hands-on instruction, learning techniques that make the difference! Call instructor, 302-337-8841, with camera make and model; please bring camera to class. \$10 material fee paid to instructor. (8 hrs)

Instructor: Mason Dixon

- ▶ 9/9-9/30, Wednesday, 5:30-7:30pm, 4 sessions. \$89. ENA 259 231
- ▶ 11/18-12/9, Wednesday, 5:30-7:30pm, 4 sessions. \$89. ENA 259 232

Photography, Level II

Students introduced to higher level techniques in many areas, including portraiture and basic studio lighting. Call instructor, 302-337-8841, with camera make and model; please bring camera to class. \$10 material fee paid to instructor. (8 hrs)

Instructor: Mason Dixon

- ▶ 10/14-11/4, Wednesday, 5:30-7:30pm, 4 sessions. \$89. ENA 260 231
- ▶ 1/6-1/27, Wednesday, 5:30-7:30pm, 4 sessions. \$89. ENA 260 232

TRAVEL WRITING SERIES

Fun and informative! Tap into your creativity and discover this popular literary genre. Experienced instructor/published author Dr. Peter Mires. Textbook: Travel Writing by Don George (not included in course fee). SAVE MONEY! Enjoy all three classes for \$50! (ENO 296 231)

Travel Writing: Descriptions

Learn how to write that great description or story that excites and entices. (2 hrs)

Instructor: Dr. Peter Mires

- ▶ 10/7, Wednesday, 7-9pm, 1 session. \$19. ENO 297 231

Travel Writing: Tips & Information

Learn creative style to share tips and information for the traveler. Find out how and where to publish. (2 hrs)

Instructor: Dr. Peter Mires

- ▶ 10/14, Wednesday, 7-9pm, 1 session. \$19. ENQ 296 231

Travel Writing: Journals & Memoirs

Great fun learning how to write your personal travel journal and memoirs. Learn the process to write travel-related stories for magazines.

(2 hrs)

Instructor: Dr. Peter Mires

- ▶ 10/21, Wednesday, 7-9pm, 1 session. \$19. ENO 299 231