

**DELAWARE TECHNICAL AND COMMUNITY COLLEGE
COURSE SYLLABUS**

Campus: Terry

Department: Criminal Justice

Course Number and Title: CRJ226: Crisis Intervention

Instructor Name: Jennifer Mosley

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Pre-Requisites: CRJ115, CRJ225

Co-Requisites: None

Course Hours and Credits: 3:0:3

Course Description:

A study of short-term crisis intervention and suicide prevention in addition to standard individual and group counseling techniques.

Text: None

Materials:

Method of Instruction: Campus Classroom

Manuals: None

Disclaimer: None

Core Course Performance Objectives:

The student will be able to:

1. Describe characteristics of the crisis state. (PGC 2, 4, 7, 8, 10, 14, 16; CCC 1, 2, 8, 9)
2. Describe the basic concepts of crisis intervention. (PGC 2, 4, 7, 8, 10, 14, 16; CCC 1, 2, 8, 9)
3. Identify and explain the procedures for crisis intervention. (PGC 2, 4, 7, 8, 10, 14, 16; CCC 1, 2, 8, 9)
4. Conduct a psychosocial assessment using appropriate tools. (PGC 2, 4, 7, 8, 10, 14, 16; CCC 1, 2, 5, 8, 9)
5. Apply crisis intervention procedures to particular types of crises. (PGC 2, 4, 7, 8, 10, 14, 16; CCC 1, 2, 5, 8, 9)

Measurable Performance Objectives:

The student will be able to:

1. Describe characteristics of the crisis state.
 - 1.1 *Differentiate crisis as idiosyncratic vs. systemic.*
 - 1.2 *Identify the ABC formula of crisis.*
 - 1.3 *Identify elements of a crisis.*
 - 1.4 *Explain the dangers and opportunities of crisis.*
2. Describe the basic concepts of crisis intervention.
 - 2.1 *Explain the rationale for intervention.*
 - 2.2 *Identify and describe the goals of crisis intervention.*
 - 2.3 *Identify and describe the crisis worker's modes of relating to the client.*
 - 2.4 *Identify and describe ongoing aspects of crisis intervention.*
 - 2.5 *Differentiate crisis intervention from long-term counseling.*

3. Identify and explain the procedures for crisis intervention.
 - 3.1 *Identify and explain engagement.*
 - 3.2 *Identify and explain interviewing/information gathering.*
 - 3.3 *Identify and explain assessment.*
 - 3.4 *Identify and explain cognitive restoration.*
 - 3.5 *Identify and explain problem exploration.*
 - 3.6 *Identify and explain closing.*
 - 3.7 *Identify and explain documentation.*

4. Conduct a psychosocial assessment using appropriate tools.
 - 4.1 *Perform a concise diagnostic summary and problem analysis.*
 - 4.2 *Attend to the affective, cognitive and behavioral domains of individuals in crisis.*
 - 4.3 *Use the ASI (Addiction Screening Inventory).*
 - 4.4 *Use the MAST (Manual of Addiction Screening Techniques).*
 - 4.5 *Use the DSM-IV (Diagnostic and Statistical Manual).*
 - 4.6 *Use the Kubler-Ross criteria.*
 - 4.7 *Use Cognitive Interventions.*

5. Apply crisis intervention procedures to particular types of crises.
 - 5.1 *Apply crisis intervention to alcohol and drug abusers.*
 - 5.2 *Apply crisis intervention for suicidal clients.*
 - 5.3 *Apply crisis intervention to battered women and other victims of violence.*
 - 5.4 *Apply crisis intervention to victims of sexual assault.*

Evaluation Criteria

The student will demonstrate proficiency on all the Measurable Performance

Objectives at least to the 75% level.

Grades will be computed using the following scale:

92 - 100	= A
83 - 91	= B
75 - 82	= C
0 - 74	= R

The final course grade will be derived from four examinations, an article presentation, crisis intervention certification and class participation. Unless otherwise approved by the instructor, all make-up tests must be completed within seven (7) days of the originally scheduled test.

Examinations: 80% (20% each)

Exam 1: MPO 1, 2

Exam 2: MPO 3, 4

Exam 3: MPO 4

Exam 4: MPO 5

Article presentation: 10%

Each student must orally present an article related to stress and/or burnout within the criminal justice system. All articles must be pre-approved (no duplication) and presentations should be approximately 5 minutes in length.

Crisis Intervention Certification: 5%

Students must successfully complete the 6 hour crisis intervention certification course. The course will be scheduled during regular class time.

Class participation: 5%

Students are expected to actively participate in a variety of in-class activities and discussions. Attendance is very important. Class participation activities cannot be made-up.

Dates and schedules for the topic coverage and evaluation measures will be announced in class by the instructor.

Students should refer to the Student Handbook for information on Academic Standing Policy, Academic Honesty Policy, Student Rights and Responsibilities, and other policies relevant to their progress.