

**DELAWARE TECHNICAL & COMMUNITY COLLEGE**

**COLLEGE WIDE COURSE SYLLABUS**

**CAMPUS:** Terry

**DEPARTMENT:** Human Services

**COURSE:** DAC 141 Introduction to Drug and Alcohol Counseling I

**INSTRUCTOR NAME:** Telephone: E-mail:

**PREREQUISITE:** HMS 121

**CO-REQUISITE:** None

**COURSE HOURS AND CREDITS:** 3:0:3

**COURSE DESCRIPTION:**  
Examines the physiological, psychological and sociological impact of drug and alcohol abuse. Emphasis on the disease concept of addictions and its progressive nature.

**TEXT:** Goldberg, R., Drugs Across the Spectrum. West Publishing Company

**MATERIALS:** Additional readings may be on reserve in the library.

**METHOD OF INSTRUCTION:** Campus Classroom, On-Line

**MANUALS:** None

**DISCLAIMER:** Students taking the course on-line will need computer access, e-mail account, and word processing skills.

# **CORE CURRICULUM AND TECHNOLOGY PROGRAM COMPETENCIES**

**01/06/00**

## **CORE CURRICULUM COMPETENCIES (CCC)**

The graduate will be able to:

1. Communicate clearly and effectively both orally and in writing.
2. Demonstrate effective problem solving and reasoning skills.
3. Work effectively in groups of people from diverse backgrounds.
4. Demonstrate ethical and professional understanding and conduct.
5. Identify and evaluate useful and pertinent information sources and systems and how they are structured.
6. Use computer technology appropriate to the field.
7. Perform mathematical operations appropriate to the technology.
8. Explain the sociological, psychological, political or economic factors that influence social behavior.
9. Apply scientific principles in the technology area.

The Core Curriculum Competencies apply to all Associate Degree programs at the College. These are incorporated into each curriculum either by a course or by being integrated into coursework.

## **HUMAN SERVICES TECHNOLOGY PROGRAM GRADUATE COMPETENCIES (PGC)** **DRUG AND ALCOHOL COUNSELING OPTION 2-2004**

The graduate will be able to:

1. Create and maintain effective and professional documents relevant to Drug and Alcohol Counseling.
2. Interact ethically and professionally within the Drug and Alcohol Counseling field.
3. Apply information to identify client's strengths, weaknesses and resources to create a treatment plan.
4. Provide effective client services at an entry level by utilizing professional Drug and Alcohol Counseling principles and practices.
5. Establish effective working relationships within the Drug and Alcohol Counseling arena.
6. Apply basic management and leadership skills in Drug and Alcohol Counseling environments, including time management, organization, and the ability to follow directions.
7. Utilize feedback to assess the effect of oneself on Drug and Alcohol Counseling outcomes and make adjustments accordingly.

## **COLLEGEWIDE CORE COURSE PERFORMANCE OBJECTIVES: (CCPO)**

The student will be able to:

1. Define the basic terms of the addictions field, including drug use, abuse, misuse, addiction and codependency. (PGC 2,3,4,5 and CCC 5,8)
2. Be able to properly classify the various drugs of abuse into appropriate classifications reflecting their major effects on the body and ultimately on behavior. (PGC 2,3,4,5 and CCC 5, 8)
3. Describe the impact that drug and alcohol use/abuse has on our culture and society, society norms regarding alcohol and drug use and their effects on our medical, psychiatric and criminal justice systems. (PGC 2,3,4,5 and CCC 5, 8)
4. Describe a personal understanding of what alcoholism/addiction is, and what causes the condition to occur in the individual. (PGC 2,3,4,5 and CCC 8)
5. Describe the various modalities used in the treatment of addiction and identify the type of programs that provide abuse/addiction treatment, such as 12 Step Programs. Include the various jobs and skills required as a treatment professional in the addiction counseling profession. (PGC 2,3,4,5 and CCC: 5)
6. Describe the major components of an effective drug and alcohol prevention program. (PGC 2,3,4,5 and CCC: 5)
7. Utilize the appropriate technology to access important sources of information relevant to the substance abuse field. (PGC 2,3,4,5 and CCC: 5)

## **MEASURABLE PERFORMANCE OBJECTIVES: (MPO)**

The student will be able to:

1. Define the basic terms of the addiction field, including drug use, abuse, misuse, addiction and codependency.
  - 1.1 *Define drug use, abuse, misuse, addiction and codependency.*
  - 1.2 *Identify and/or demonstrate correct use of these terms in oral and written discussion.*
2. Be able to properly classify the various drugs of abuse into appropriate classifications reflecting their major effects on the body and ultimately on behavior.
  - 2.1 *Identify and/or list various drugs of abuse.*
  - 2.2 *Recognize and/or classify each drug of abuse as to its major properties, i.e., stimulant, depressant, sensation changing or inhalant.*
  - 2.3 *Identify and/or discuss the effects of each drug of abuse on the body.*
  - 2.4 *Identify the effects of each drug of abuse on behavior.*

3. Describe the impact that drug and alcohol use/abuse has on our culture and society, society norms regarding alcohol and drug use and their effects on our medical, psychiatric and criminal justice systems.
  - 3.1 *Identify and/or explain the results of the tools used to measure the current impact of alcohol and drug use/abuse on society, including:*
    - ◆ *levels of consumption surveys*
    - ◆ *DAWN and Household survey results*
    - ◆ *arrest rates*
    - ◆ *costs to society*
  - 3.2 *Identify and/or discuss major impacts of drug and alcohol use/abuse on our culture and society.*
  - 3.3 *Identify the relevant laws pertaining to the possession, manufacture and use of controlled substances in Delaware and the United States.*
4. Describe a personal understanding of what alcoholism/addiction is, and what causes the condition to occur in the individual.
  - 4.1 *Identify and/or list and summarize the major theories of the causes of alcoholism and drug abuse.*
  - 4.2 *Explain your personal definition and understanding of addiction, and the addiction/recovery process.*
  - 4.3 *Describe the implications this understanding has for you in pursuit of a human services career.*
  - 4.4 *Demonstrate your understanding of the addiction/recovery process in a written case study format.*
5. Describe the various modalities used in the treatment of addiction and identify the types of programs that provide abuse/addiction treatment, such as 12 Step Programs. Include the various jobs and skills required as a treatment professional in the addiction counseling profession
  - 5.1 *Identify and/or list and describe various treatment modalities for addictions.*
  - 5.2 *In written case format, describe one of the treatment modalities identified in 5.1.*
  - 5.3 *For each of the modalities identified in 5.1 list the jobs, skills, and education required of treatment professional(s).*
6. Describe the major components of an effective drug and alcohol prevention program.
  - 6.1 *Identify the major approaches to drug and alcohol prevention programs in the state and the United States.*
  - 6.2 *Discuss the effectiveness of these programs.*

7. Utilize the appropriate technology to access important sources of information relevant to the substance abuse field.
  - 7.1 *Utilize the library to research topics in the drug and alcohol treatment field.*
  - 7.2 *Utilize the Internet to research topics in the drug and alcohol treatment field.*
  - 7.3 *Utilize the popular media and press to research topics in the drug and alcohol treatment field.*

### **Evaluation Criteria:**

Students will demonstrate proficiency on all Measurable Performance Objectives to the 75% level. The final course grade will be derived from:

#### **Examinations** (MPO 1,2,3,5,6)

**60%**

There will be three examinations in the course that will average to 60% of the final grade. The exams may contain a variety of question types including multiple choice, matching, true/false, short answer, and essay. The questions will reflect the competencies within this course syllabus. You are expected to make up any missed exams within one week of our return to class, and to complete retests within the time parameters and guidelines of your instructor. Make-up exams may not be in the same format as the scheduled exam. You must contact the instructor for details as to where and when to complete the make-up exam.

#### **Projects:**

##### **Personal Understanding Paper:** (MPO 4)

**15%**

You will write a 3-5 page personal understanding paper about addictions. The paper must be typed, double-spaced, 1 inch margins, with a font no larger than 12. The paper will include but not be limited to 1. An identification or summary of the major theories of the causes of alcoholism and drug abuse, 2. Your personal opinion about the theory that you most agree with and why, 3. Your personal opinion about recovery and the recovery process, 4. Your reasons for pursuing a career in the field of addictions, and 5. Your short and long term goals within this career field.

##### **Case Study** (MPO 1.2, 2.3, 2.4, 5.1, 5.2)

**15%**

Following the guidelines of your instructor and information from this course, you will write a case study based upon in-class role play of a substance involved "client". Your project must be typed, double-spaced, 1 inch margins, and a font no larger than 12. You will given the format to follow for your case study in your class. You will include this project in the Capstone Project section of your Professional Portfolio.

**Participation****5%**

(MPO 1-7)

For each chapter covered in the course you will be expected to complete one or more homework assignments and/or in-class activities. These will be assigned by your instructor and must be completed per his/her instructions. The homework and activities may include but not be limited to text-based and/or web-based activities, instructor provided handouts, small group work, and/or lab work, and one or more web-based activities. No missed in-class activities may be made up due to the nature of the activity. All homework and activities will be graded and averaged together to comprise 5% of your final course grade.

**Professional Portfolio****5%**

Following the guidelines of the instructor, you will create a professional portfolio. This must include but not be limited to a three-ring binder that contains section markers for items to be included in the portfolio. A section title "CAPSTONE Projects" must be included. The CAPSTONE project for this class must be included in this section. Materials for other sections of the portfolio will be entered as required by your instructor. The progress of your portfolio will be checked in each HMS, DAC, and GER class throughout your program of study.

**Capstone Project:**

- Title Page
- Personal Understanding Paper
- Case Study

See Measurable Performance Objectives for detailed expectations and requirements.

Grades will be computed using the following scale:

92 - 100 = A

83 - 91 = B

75 - 82 = C

0 - 74 = R

**Students should refer to the Student Handbook for information on Academic Standing Policy, Academic Honesty Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.**