

# INFANT ROOM SCHEDULE

(FLEXIBLE) FEEDING, LUNCHES & NAPS VARY WITH INFANT'S NEEDS

(YOUNGER INFANTS FIRST FEEDING WILL DEPEND ON WHEN LAST FED AT HOME)

TIME	WHAT'S HAPPENING
7:30 – 8:00	ARRIVALS METHOD STUDENT & CHILDREN, ROOM EXPLORATION
8:30 – 9:00	ARRIVAL, BREAKFAST, ACTIVITIES, DIAPER CHECK
9:00 – 9:30	ARRIVAL, BREAKFAST, METHOD STUDENT ACTIVITY
9:30 – 10:00	ACTIVITIES/OUTDOOR ACTIVITIES
10:00 – 10:30	ACTIVITIES, DIAPER CHECK /METHOD STUDENT ACTIVITY
10:30 – 11:00	ACTIVITIES, DIAPER CHECK
11:00 – 11:30	WALKS, ACTIVITIES
11:30 – 12:00	ARRIVAL OF METHOD STUDENT, LUNCH TIME, DIAPER CHECK, GET READY FOR NAP TIME
12:00 – 12:30	READY FOR NAP TIME, METHOD STUDENT ACTIVITY
12:30 – 1:00	NAP TIME, QUIET ACTIVITIES/OUT DOOR ACTIVITIES FOR NON-SLEEPERS, METHOD STUDENT ACTIVITY, DIAPER CHECK
1:00 – 1:30	NAP TIME, QUIET ACTIVITIES (FINE MOTOR)
1:30 – 2:00	NAP TIME, WAKE-UP TIME, DIAPER CHECK, ACTIVITIES
2:00 – 2:30	NAP TIME, WAKE-UP, DIAPER CHECK, SNACK TIME
2:30 – 3:00	DIAPER CHECK, SNACK TIME, ACTIVITIES
3:00 – 3:30	METHOD STUDENTS ARRIVAL, SNACK CLEAN ACTIVITIES,
3:30 – 4:00	METHOD STUDENT ACTIVITY, ACTIVITIES
4:00 – 5:00	FINAL DIAPER CHECK, ACTIVITIES, ROOM EXPLORATION, FAREWELL

## DEVELOPMENTAL AREAS:

SENSORY, LANGUAGE, MUSIC, ART, GROSS AND FINE MOTOR, SELF-HELP, COGNITIVE, & PSYCHO-SOCIAL

(SEE WEEKLY PLANS ON BULLETIN BOARD THAT GIVES SPECIFIC ACTIVITIES FOR DEVELOPMENTAL AREAS)