

MAY

2009

DELAWARE TECH & COMMUNITY COLLEGE

CDC NEWSLETTER

FROM THE DIRECTOR



Dear Families,

The summer is quickly approaching. Please be on the lookout for sun block and swim day information. Families should also begin to switch out their children's change of clothes to match the seasonal weather.

Miss Maggie will be joining the CDC staff again for the summer. She will start on May 18, 2009 and will work until the middle of August. We look forward to working with her for one last summer before she finishes her Bachelor's Degree. Congratulations to Maggie!

I finally received word that approval from the Campus Director went through for the building of the Library. The CDC staff will be having a cleaning night on May 14, 2009. If any families are interested in helping the staff start to rearrange space, your help will be much appreciated. We will not be able to provide care but dinner will be served. Please see me for more details.

The CDC Picture day is coming up on May 21, 2009. We will be putting out flyers that have specific packages to choose from and Mrs. Daniela is taking the pictures again this year!

A reminder to families that the summer is a great time to get involved with summer classroom field trips. Be on the lookout!

Thank you,

Miss Beth



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CDC FAMILY EVENTS & NEWS

- *Staff Appreciation Week May 11-15th!*
- *May 21st is Picture Day!*
- *CDC Closed on May 25th in observance of Memorial Day.*



INFANT NEWS



Summer is coming which means:

- Sunscreen (Medication form is needed)
- Water Play! (bring your trunks and a towel!)
- Lots of sun! (hats are welcome to keep the sun off our heads)

We have a lot of exciting summer units coming up so, if you have anything that might fit a beach party or transportation by land, air or water please feel free to bring it in so we can share with the class.

We have had to say "Goodbye" to Alyssa. She has moved up to the toddler room,

we wish her all the best.

We also get to say "Hello" to Tad our newest friend. Tad is Lincoln's little brother and we welcome him with open arms.

Abigail has started moving around the room., but she is still very content sitting with a toy while watching her friends play. She is also starting to feed herself.

Aidan is still exploring his new environment. He has definitely found the balls and loves to just walk around the room holding one in his hand.

Benjamin has become the leader of the room and is very helpful with passing out

coats and shoes. He has even found new and inventive ways to rearrange the furniture.

Eloise is moving around the room is even thinking about using her walking feet. She is very interested in what everyone is doing and climbing up the climber. She has also begun to feed herself!

Tad is still researching his new surroundings. He is working on holding his head up and even trying to sit up a little.

Zariah is getting stable on her walking feet and even trying to run a little. She gets very excited to sit down and read a book with her friends.

Don't forget to stop by and say, "HI!"

TODDLER NEWS



The toddler classroom would like to extend a warm welcome to Alyssa and Aaliyah who have just recently joined us in the classroom.

As the sun begins to shine more and more everyday, we will begin applying sunblock on May 4th. We ask that you apply sunblock to your child before they arrive at school daily. We will re-apply sunblock before

we go outside in the afternoon. Water play will begin this month too! Starting on May 28th, please bring your toddler dressed in their bathing suit underneath their clothing and in water shoes. In a separate bag please provide a towel with your child's name on it and an extra set of clothing and shoes for your child to be changed into after water play.

Please be on the look out for

upcoming conferences for your toddler. The conference sign up sheet is located on the classroom door. There will also be reminders on your daily's.

Vacation time is just around the corner. If you will be taking vacation for extended periods of time please let us know.

Upcoming themes for May:

Interesting Insects, Reptiles & Unique Creatures and Perfect Pets

PRESCHOOL NEWS



Preschool has just finished a two week unit on The Bakery, and we saw a lot of interest in cooking and baking. There was a lot of interest in measuring, pouring, scooping, observing while baking and of course tasting the creations. Because the weather has taken a turn towards being warmer and cooking is such an interest, try making this recipe at home with your children.

Strawberry Soup

2 Cups of Sliced Strawberries

1 Cup of Apple Juice or OJ

2 Tablespoons of Flour

3 Tablespoons Lemon Juice

1 Cup Plain Vanilla Yogurt

In a blender, blend the first 2 ingredients and once smooth pour into a saucepan on low heat. Mix the flour and lemon juice together until dissolved and add to the pan, cook for 5 minutes until it gets thicker. Fold in ¼ cup of the yogurt into the soup and then refrigerate the soup for about 2 hours. Serve with the remaining yogurt dollop on top.

Preschool Summer Field Trips are in the process of being planned. Be on the look out

for more information regarding where we are going and the cost for the trips. If any families have any fun and interesting ideas for a class trip, please talk to Mr. Nick. New ideas are always welcomed!!

Sun Block Medication Forms are available for you to start filling out in preparation for the warmer weather. Please see a teacher for a pre-filled out form.

Up and Coming Units:

Seeds and Gardening

Insects

GAMES!!

HEALTHY HINTS

Healthy Meal Planning Guide

What's for Dinner? If you are running around at 5PM and still trying to answer this question, maybe we can help. There is a lot to consider when deciding what to fix for dinner: dislikes, budget, or what's already in the cabinet. That's where meal planning comes in handy. Making a weekly menu and shopping list may be the best way to plan for healthy meals that include fruits and vegetables.

Here are some tips that will

make meal planning a bit easier, save you money and help provide nutritious meals to you and your family.

- Check the circulars
- Choose recipes that our family favorites
- Make a list of the items you will need for your recipes before you go to the store
- Take advantage of unadvertised specials in the grocery stores
- Be aware of prices
- Use the fresh fruits and vegetables early in the week
- Use frozen and canned at the end of the week
- Prepare items ahead of time
- Plan for leftovers, make enough for two meals
- Pack leftovers for lunches
- Have a "smorgasboard" night to use up all the food



ACTIVITY OF THE MONTH

Family Fitness Tag

Description: Choose on family member to be a tagger. When the other players are tagged they must go to an designated area and perform the specified activities before

returning to the game. For example 10 jumping jacks, sit-ups , 10 Hop in place, or any other ones you decide to do. After they have completed the set amount of activity they can then return to the game.



COOKING WITH THE CDC

Crazy, Curly Broccoli Bake

1 1/2 whole wheat corkscrew pasta
3 cups frozen chopped broccoli
1 20.5 oz. can broccoli soup, condensed
1/2 cup milk
2 teaspoons bread crumbs

1. Preheat oven to 350 degrees
2. Cook pasta according to package
3. Cook broccoli according package
4. Mix soup and milk together and add to drained cooked broccoli



through

8. Enjoy!

5. Add cooked pasta to mix
6. Top with bread crumbs
7. Bake in oven for 10-15 minutes until heated



FAMILY EVENTS:

Be on the Look Out!

Coming soon: Family Activities!

Hosted by the CDC and financial backing from the Parent Fundraising Committee.

First Event: Carousel Park Bon Fire and Hay Ride



PFC UPDATE

Dear Families,

I have obtained the approval from the Campus director to go fourth with the construction of the library. The CDC is very excited about the project and will keep families posted of the progress.

Currently we are still collecting ACME receipts, old cell phones

and used printer cartridges for fundraising money.

On behalf the school, I would like to thank everyone who made it possible to have another wonderful "Day of Elegance" event. I could never thank families and staff enough for all of the time and effort they spend making the Child Development Center a wonderful place.

Next Fundraising Event:

Picture Day is May 21, 2009

Thank you,

Miss Beth

